



# ***NAM COLLEGE KALLIKKANDY***

*Affiliated to Kannur University*

**NATIONAL SERVICE SCHEME UNITS 31 & 32**



**7 Days Virtual Camp**

**അതിജീവനം**

**YOUTH FOR PREVENTION AND MITIGATION OF COVID -19**

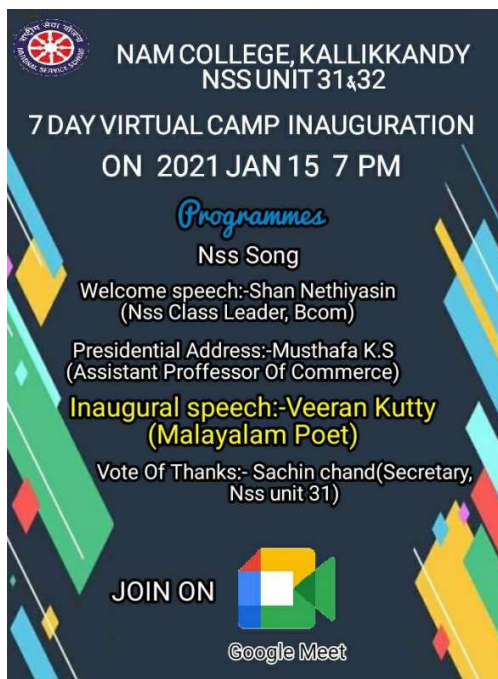
**From 15 Jan to 21 Jan 2021**



## DAY 1(15-03-2021)


Day 1 (15.03.2021) : Planning for the camp was done on 15.03.2021. The NSS Units 31 and 32 of NAM College, Kallikkandy organized a virtual special camp from 15.03.2021 to 21.03.2021. 101 students attended the virtual camp and were facilitated by five teachers. The camp was organized by Dr. Abdul Gafoor CV, the Programme Officer of Unit Nos. 31 and was supported by, Musthafa KS, the Programme Officer of unit 32.

The camp was inaugurated by Prof. **Veerankutty**- Retired Malayalam Professor and Poet. The Icebreaking session and group formation handled by Musthafa KS. Instructions and camp rules explained by Dr. Abdul Gafoor CV. First day camp closed after the cultural program at 9.30 pm.



NAM COLLEGE, KALLIKKANDY  
NSS UNIT 31 & 32  
7 DAY VIRTUAL CAMP INAUGURATION  
ON 2021 JAN 15 7 PM

*Programmes*  
Nss Song  
Welcome speech:-Shan Nethiyasin  
(Nss Class Leader, Bcom)  
Presidential Address:-Musthafa K.S  
(Assistant Professor Of Commerce)  
**Inaugural speech:-Veeran Kutty**  
(Malayalam Poet)  
Vote Of Thanks:- Sachin chand(Secretary,  
Nss unit 31)

JOIN ON   
Google Meet



NAM COLLEGE KALLIKKANDY  
NSS UNITS 31 & 32

**അതിജീവനം**  
YOUTH FOR PREVENTION AND  
MITIGATION OF Covid-19

7 DAY VIRTUAL CAMP  
From Jan 15-21, 2021  
**ഉദ്ഘാടനം**



At 7 PM  
@Google Meet

*Prof. Veerankutty*  
Malayalam Poet



## DAY 2 (16-03-2021)

The second day program started at 7.30 am with NSS song. Then Yoga, Thought of the Day speech, digital paper presentation and evaluation of the previous day program were completed as per the Day 2 schedule. The Day's notable activity was 'Shramadan' (Cleaning in and around the houses of volunteers and neighborhood or locality (Offline). In the afternoon there was a n awareness session by Dr. Efthikar Ahmed, Assistant Professor of English, Central University of Kerala, on the topic 'The Role of Youth in Pandemic Situations. In addition, there was a vocal presentation by DJ Adarsh, Kerala's first beatboxer. At 9.30 pm, camp day 2 closed after cultural programs by students.



**NAM College Kallikkandy**  
NSS UNITS 31 & 32

**DAY 2 JAN 16 4 PM**

**TALK ON**

**"THE ROLE OF YOUTH IN PANDEMIC SITUATIONS"**

**7 DAY Virtual Camp**  
അതിജീവനം

January 15 - 21

**Dr. Efthikar Ahamed**  
Assistant Professor of English  
Central University of Kerala.



### DAY 3 (17-03-2021)

Day 3 began as usual with NSS song, Thought of the Day, digital paper presentation, and evaluation of the previous day activities. Third day major activity was Gardening/ Planting in the premises of Volunteers Own house gardens. In the late evening there was an interesting session by **Mr.Asees Nallaveetil** on the topic 'ഭാഷയും പ്രതിരോധവും'. The day session closed at 10 pm after cultural programme.







### DAY 4 (18-03-2021)

The fourth day after the routine activities students continued the previous day gardening activity as per the schedule till 12.30 pm. At 4 pm there was an interactive session with Priyanka Rajan (State Award winner, NSS Best Volunteer 2018-2019). There was also a performance by Artist **Mr.Gogul Krishna** (Violinist) at 7 pm. The Day's activities closed at 10 pm after students' cultural programme.

**NAM College Kallikkandy**  
NSS UNITS 31 & 32

**DAY 4** **JAN 18 4:00 PM**

**INTERACTIVE SESSION**  
*My NSS Experience*  
**Priyanka Rajan**  
State Award Winner  
NSS best Volunteer 2018-2019  
Morazha Co-operative Arts and Science College

**7 DAY Virtual Camp**  
അതിജീവനം January 15 - 21



## DAY 5 (19-03-2021)

After the morning routine activities (NSS SONG/Thought of the Day/Yoga/Digital paper presentation/Evaluation of the previous Day), students were instructed to conduct a Survey in the neighborhood using questionnaire related to pandemic 'COVID 19' as per the daily schedule. At 5 pm **Dr.Muneer KM** (MD-Emergency Medicine) driven an interactive session on Volunteering in Pandemic Time. The day closed at 9.30 pm after cultural programme.



# NAM COLLEGE KALLIKKANDY

NSS UNITS 31 & 32

*Day 5*

**TALK ON**  
*Volunteering in Pandemic time*



*Dr KM Muneer*  
MD , EMERGENCY MEDICINE  
BABY MEMORIAL HOSPITAL, CALICUT

7 DAY  
VIRTUAL CAMP  
അതിജീവനം

**19 JAN**  
*At 5 PM*



## DAY 6 (20-03-2021)

Day 6 started with morning sessions as per the schedule (NSS SONG/Thought of the Day/Yoga/Digital paper presentation/Evaluation of the previous Day). Volunteers continued the previous day survey project for the second day. In the evening, Sub-Inspector of Police **Mr.Jamsheed** managed an awareness session on 'COVID PROTOCOL'. The sixth day closed after students' cultural programme at 9.30 pm.



# NAM COLLEGE KALLIKKANDY

NSS UNITS 31 & 32

## Day 6

*Talk On*

### COVID PROTOCOLS



**Jamsheed P**  
Sub Inspector of Police

## 20JAN

*At 7 PM*


7 DAY  
VIRTUAL CAMP  
അതിജീവനം



## DAY 7 (21-03-2021)


The closing day (DAY 7) of the NSS 7 days Virtual Special Camp started at 7 pm with regular activities as per the schedule. After breakfast, students were instructed to complete the survey related work by 12 pm. In the closing ceremony,

**Dr. Mohammedunni** Alias Musthafa (Professor & Dean, Department of Education – Central University of Kerala) was the Chief guest and executed an interactive session with the volunteers explaining his NSS experience as a volunteer as well as a Programme Officer. The 7 days camp closed at 8.30 pm on 21 Mar 2021.



*NAM College Kallikkandy*


NSS Units 31 & 32



**DR. MOHAMMEDUNNI ALIAS MUSTHAFA**

Professor and Dean  
Department of Education  
Central University of Kerala

Talk on  
**celebrating the self**

**DAY 7**   
21.01.2021

**7 PM**

7 Day  
Virtual Camp  
അതിജീവനം

